



PRESS RELEASE FOR LOCAL MEDIA

Central Michigan District Health Department
“Promoting Healthy Families, Healthy Communities”

For more information, please call: (989) 773-5921 ext. 8440
2012 E. Preston Avenue, Mt. Pleasant, Michigan 48858, www.cmdhd.org

To: Local News Media
From: Central Michigan District Health Department
RE: Community Transformation Grant: School Partner Agreements
Release Date: May 2013

Community Transformation Grant School Partner Agreements

Central Michigan District Health Department (CMDHD) has received a Community Transformation –Small Communities Grant from the Centers for Disease Control and Prevention. This grant provides funding for our community to implement aspects of the CMDHD Community Health Improvement Plan, including funding to increase access to healthy foods for students K-12. There is evidence that increasing fruit and vegetable availability increases the consumption of healthy foods, particularly as part of a multi-component intervention. Increasing availability of fruits and vegetables in school settings is a suggested strategy to improve nutrition.

It is with excitement and pleasure that Central Michigan District Health Department announces their partner schools for this project.

Beaverton Public Schools
Clare Gladwin RESD
Morey Public School Academy
Reed City Public Schools
Shepherd Public Schools

Charlton Heston Academy
Harrison Public Schools
Mt. Pleasant Public Schools
Saginaw Chippewa Academy
Standish Sterling Public Schools

Through these partnerships, we can improve health and reduce obesity by creating healthier communities and make the healthy choice, the easy choice everywhere we live, work, learn, and play. This project will empower people to make healthy choices and adopt good health as a core personal value.

If you would like an opportunity to get involved with improving weight status among children, adolescents and adults, consider joining Together We Can. Together We Can is a community

project aimed at improving health status in the central Michigan counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. For more information, LIKE Together We Can Health Improvement Council on Facebook, visit our website at www.together-we-can.org or email us at TogetherWeCan@cmdhd.org.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon. Visit our website at www.cmdhd.org and LIKE Central Michigan District Health Department on Facebook.

###