



A Community Project Sponsored by the
Central Michigan District Health Department
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December 2013: HIP News to Know!

A compilation of grants, websites, and resources related to improving the health of our community members



Everyone who is at least 6 months of age should get a flu shot this season. Call your local Central Michigan District Health Department (CMDHD) to schedule your seasonal flu shot, dial extension 15 when calling any CMDHD phone number.

Websites / Resources



The National Diabetes Prevention Program encourages collaboration among federal agencies, community-based organizations, employers, insurers, health care professionals, academia, and other stakeholders to prevent or delay the onset of type 2 diabetes in the United States. www.cdc.gov/diabetes



Local residents can call 2-1-1 and ask about Consumers Energy CARE Program (heating assistance offered through Consumers Energy for their customers).



Announcements/ Good News



CMDHD Communications Coordinator Scott R. Miller spoke to public health professionals from across the country on November 20th at the National Network of Public Health Institutes' (NNPHI) annual convention in Memphis, TN. The conference included more than 250 representatives from nearly 20 states. Miller spoke on the importance of social media in the field of public health, and how platforms like Twitter, Pinterest, and LinkedIn can be valuable communications tools that reach not only local populations, but also peers on a national level. He stressed the growing number of Americans in all age ranges that use these sites and apps, and how these kinds of outlets can reach target audiences with health information, and create relationships among other agencies. Earlier this fall, Miller spoke on the same subject at the Centers for Disease Control and Prevention's annual Awardee Training in Atlanta, GA. To contact Scott please email smiller@cmdhd.org.

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HIP News to Know is a monthly publication posted on www.Together-We-Can.org. Information and submissions are encouraged. They should be sent to Sarah Kile at skile@cmdhd.org by the third Thursday of each calendar month.