



build a healthier community!

A Community Project Sponsored by the
Central Michigan District Health Department
2012 East Preston Avenue
Mt. Pleasant, MI 48858
989-773-5921

August 2013: HIP News to Know!

A compilation of grants, websites, and resources related to improving the health of our community members

National Immunization Awareness Month



Each year in August, National Immunization Awareness Month (NIAM) provides an opportunity to highlight the need for improving national immunization coverage levels.

People of all ages can protect their health with timely vaccination.

- Encourage parents of young children to get recommended immunizations by age two; reach out with posters, video PSAs, tweets, Facebook, and more!
- Remind college students to catch up on immunizations before they move into dorms.
- Educate adults, including healthcare workers, about vaccines & boosters they may need.
- Remind everyone that the next flu season is only a few months away.

Events/Trainings

Join Us for
the BIG latch on 2013



On Friday August 2nd @ 10:30AM
Registration begins at 9 AM

Lets break the record for the most women breastfeeding simultaneously.

Your local venue is: Cops & Doughnuts
523 N. McEwan St., Clare

For more information contact Jessica @ 989-539-6731 x8329



www.biglatchon.org

Gladwin County Health and Fun Fair!

For children age 0-6 only
Wednesday, Aug. 14, 2013
10 a.m. to 2 p.m.

MidMichigan Medical Center - Gladwin
Medical Offices Building
609 Quarter Street, Gladwin

DON'T FORGET!
Bring your insurance card and your child's immunization record to the screening!

SERVICES OFFERED: Physical Exam • Hearing and Vision Testing • Lead and Hemoglobin Screens • Dental Exam • Immunizations • Car Seat Safety Checks

FUN FOR KIDS: Games • Andy the Ambulance • Fire Truck • Police Cars



Websites/Resources/Announcements



United States Department of Agriculture



build a healthier community!

A Community Project Sponsored by the
Central Michigan District Health Department
2012 East Preston Avenue
Mt. Pleasant, MI 48858
989-773-5921

Grants



American Heart Association - Childhood Obesity Rapid Response Fund has an open grant to make effective strategic investments in ongoing state and local public policy campaigns in order to increase public policy impact on healthy weight and living among children. Efforts target a wide array of childhood obesity policies and give particular focus to impacting the highest obesity prevalence and most at-risk populations. They have \$15,000-\$100,000 available. For more information visit:

http://www.heart.org/idc/groups/heart-public/@wcm/@adv/documents/downloadable/ucm_446925.pdf

The Michigan Fitness Foundation (MFF) would like to increase the number of local Safe Routes to School (SRTS) planning teams that are actively planning and initiating SRTS initiatives. Therefore, MFF is releasing a RFP to solicit subcontractors for the SRTS program. Proposals are due August 15th. Visit <http://saferoutesmichigan.org/2014-partnership-rfp> for more information.



Funding is available to K-12 schools who wish to enroll in Fuel Up to Play 60. The competitive, nationwide funding program can help schools to jumpstart and sustain healthy nutrition and physical activity improvements. Funds can be used to conduct in-school promotions focused on creating a healthier school and to implement healthy eating and physical activity plays. Funds can also be used for professional development, nutrition education materials, and physical education equipment & materials.

The deadline to submit applications for this grant is November 1, 2013. For more information on this opportunity, visit <http://bit.ly/gdkkoY>.

News to Know



Harrison Community Schools with support from the Central Michigan District Health Department and The Community Transformations Grant have started a school garden to provide students with hands on experiences on growing healthy vegetables and fruit. Many of the Larson-Hillside S.P.A.R.K.S. students have had an active part in the development of the garden, from planting to watering to determining what is a weed. Students will also learn the nutritional value of eating healthy. The garden is located at the Early Childhood Complex across from Larson Elementary School. The garden consists of 25 varieties of fruit trees to provide fresh fruit in years to come and to help sustain

the longevity of the garden. There are 23 garden beds that contain a variety of vegetables and fruits, from peppers, cucumbers, squash, lettuce, peas, beans, watermelon, tomatoes, etc. The goal is for the students to experience a variety of produce.

HIP News to Know is a monthly publication posted on www.Together-We-Can.org. Information and submissions are encouraged. They should be sent to Sarah Kile at skile@cmdhd.org by the third Thursday of each calendar month.