



PRESS RELEASE FOR LOCAL MEDIA

Central Michigan District Health Department
"Promoting Healthy Families, Healthy Communities"

For more information, please call: (989) 773-5921 ext. 8440
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To: Local News Media

From: Central Michigan District Health Department

RE: Community Transformation Grant - Head Start/Great Start Agencies and Michigan Works! Partner Agreements

Release Date: April 2013

Community Transformation Grant

Obesity is a serious public health concern. In 2010, the obesity rate in Michigan increased to 32%. If this upward trend continues, the rate of obesity could reach 50% by 2030.

Central Michigan District Health Department (CMDHD) has received a Community Transformation –Small Communities grant from the Centers for Disease Control and Prevention. This grant provides funding for our region to implement aspects of the CMDHD Community Health Improvement Plan, including funding to increase access to daily physical activity. Increasing levels of physical activity is a recommended strategy to improve weight status among children, adolescents and adults.

It is with excitement and pleasure that the CMDHD announces its partner agencies.

Bay / Arenac Intermediate School District (ISD)

COOR Intermediate School District (ISD)

Mecosta/Osceola ISD Great Start Collaborative

Northern Transformation, Michigan Works! Arenac, Clare, Gladwin, and

Roscommon Counties

Through these partnerships, we can improve health and reduce obesity by creating healthier communities which empower people to make healthy choices and adopt good health as a core personal value. Throughout the course of the grant, CMDHD will provide updates on our combined efforts and progress.

If you would like an opportunity to get involved to improve weight status among children, adolescents and adults, consider joining Together We Can. Together We Can is a community project aimed at improving health status in the central Michigan counties of Arenac, Clare, Gladwin, Isabella, Osceola, and Roscommon. For more information, LIKE Together We Can Health Improvement Council on Facebook, visit our website at www.together-we-can.org or email us at TogetherWeCan@cmdhd.org.

This article has been brought to you by Central Michigan District Health Department, which serves the counties of Arenac, Clare, Gladwin, Isabella, Osceola and Roscommon. Visit our website at www.cmdhd.org and LIKE Central Michigan District Health Department on Facebook.

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