



A Community Project Sponsored by the
Central Michigan District Health Department
2012 East Preston Avenue
Mt. Pleasant, MI 48858
989-773-5921

Together We Can!
5th Annual Public Health Summit
What Can You Do to Build a Healthier Community?
April 22nd, 2014
Comfort Inn Suites and Conference Center
Mt. Pleasant, MI

- 8:30 Registration/Continental Breakfast
- 9:00 Welcome and Opening Remarks
Steve Hall, Health Officer Central Michigan District Health Department
- 9:30 What Can One Person Start?
Sarah Kile, Central Michigan District Health Department
Chief Duane Bean, Gladwin City Police
- 10:30 I'm Moving, I'm Learning Break
Julie Ehle, Mid Michigan Community College
- 10:45 How to Help Children Living with Food Insecurity
Dawn Wiseman, Gladwin Backpack Buddie Lead Coordinator
- 11:15 Healthy Walk
- Noon Lunch
- 12:45 Together We Can Awards
- 1:15 Stretch and Comfort Break
- 1:30 Building Skills in Effective Advocacy
Jenifer J. Martin, J.D., University of Michigan School of Public Health
- 2:30 Closing Remarks
- 3:00 Safe Travels!

Uniting the communities and working together, we will improve health and promote wellness in central Michigan.