

# Central Michigan 2018 Public Health Summit



Central Michigan District Health Department  
*Promoting Healthy Families, Healthy Communities*

In Collaboration with



Interdisciplinary  
Center for Health  
and Wellness

**May 11, 2018**

Central Michigan University, Mt. Pleasant, MI

College of Education & Human Services - French Auditorium

- 7:30-8:30 a.m. Continental Breakfast and Registration
- 8:30 a.m. Welcome and Opening Remarks  
CMU and Central Michigan District Health Department  
Steve Hall, Health Officer, CMDHD  
Alison Arnold, CMU Interdisciplinary Center for Community Health & Wellness
- 8:45 a.m. Morning Workshop: Building Connected Communities of Resilience: Trauma-Informed Service, Systems and Collaborative Practice  
Mark Sloane, M.D.  
Children's Trauma Assessment Center  
Western Michigan University
- 10:15 a.m. Coffee Break/Resource Exchange
- 10:45 a.m. Continue Morning Workshop
- Noon Lunch/Student-Led Research Poster Presentations/Resource Exchange
- 1:00 p.m. Collaboration on the Ongoing Opioids Crisis  
Overview MiHIA Regional Opioids Strategy Map: Katie Trotter, MiHIA  
Panelists: Jennifer Morse, M.D., Medical Director, CMDHD  
Tom Veverka, M.D., General Surgery, MidMichigan Health  
Matt Stack, PA-C, Family Medicine, MidMichigan Health  
Sam Price, CEO, Ten 16 Recovery Network
- 2:00 p.m. Break
- 2:15 p.m. ALIVE Community Collaboration for Health & Wellness  
Patrick Sustrich, Executive Director  
ALIVE Charlotte, Michigan
- 4:00 p.m. Closing Remarks

**Register Now:** Contact Allison Dunn at [ADunn@cmdhd.org](mailto:ADunn@cmdhd.org) or call 989-773-5921 x1413 by May 4, 2018.  
Space is limited, so reserve your spot today!

Uniting the communities and working together, we will improve health  
and promote wellness in central Michigan.



A collaboration with:  
Central Michigan District Health Department  
Central Michigan Regional Rural Health Network  
CMU's Interdisciplinary Center for Community Health & Wellness  
CMU's Master of Public Health Program

CMU is an AA/EO institution, providing equal opportunity to all persons, including minorities, females, veterans, and individuals with disabilities.

## 2018 Central Michigan Public Health Summit

The purpose of the 2018 Public Health Summit is to bring together community leaders across the fields of education and public health to build collaborations for improving the health and well-being of families, children and all in the region. The program is designed to focus on priorities for sharing resources and strategies for helping our systems and practices to become more trauma-informed, helping participants to become more aware of the ramifications of the region's opioid crisis, and introducing participants to the innovative model, ALIVE, which has resulted in community collaborations for improving quality of life in the Charlotte, Michigan community.

The target audience includes the following: public health professionals, primary care and family medicine providers, physicians, nurses, physician's assistants, psychiatrists, psychologists, social workers, counselors, community mental health providers, community health workers, educators, teachers, community-based services, providers of resources for children and families, treatment of trauma, addiction and recovery, law enforcement officials, child welfare, courts and city/county officials and the general public.

Participants will learn about what it means to be 'trauma informed' and how to apply this perspective in their work (in schools and community-based organizations) to better support others who are facing adversity. Benefits of attending the program include expanded knowledge of techniques for working with children/families, strategies for working across systems (schools, behavioral health, primary care, human services, law-enforcement) to support families experiencing toxic stress and trauma. Additionally, participants will learn about a Michigan-based community wellness initiative called, ALIVE and have opportunities to discuss and explore potential for similar innovations in Central Michigan.

### Goals for the Summit

1. Increase understanding of community wellbeing and critical health priorities, their indicators and their impact on our county and regional community,
2. Increase knowledge of proactive community-based strategies and public resources available (and being engaged) to address health priorities in the region, and
3. Examine cross-sector opportunities and existing collaborative models that are making a difference in communities (in our region and elsewhere)

Thank you for your fresh fruit and/or vegetable donation.

All donations will be distributed equally among the food pantries and soup kitchens in the six counties served by the Central Michigan District Health Department.

**Register Now:** Contact Allison Dunn at [ADunn@cmdhd.org](mailto:ADunn@cmdhd.org) or call 989-773-5921 x1413 by May 4, 2018. Space is limited, so reserve your spot today!

**\*\*\*Just added\*\*\* The Central Michigan 2018 Public Health Summit is now approved for 5.75 CMEs, 5.0 SCECHs, .5 CEUs, and 5.5 CHES/MCHES credits are pending approval.**

#### *Disclosure Statement:*

Central Michigan District Health Department, Interdisciplinary Center for Health and Wellness, and all speakers disclose that they have no relevant financial relationships with commercial interests.

#### *Accreditation Statement (CMEs):*

Central Michigan University College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Central Michigan University College of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### *Accreditation Statement (CHES/MCHES):*

SOPHE, including its chapters, is a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive 5.5 total Category I continuing Education Contact Hours (CECH). Maximum Advanced-level continuing education contact hours available are 5.5. (Pending approval.)



A collaboration with:  
Central Michigan District Health Department  
Central Michigan Regional Rural Health Network  
CMU's Interdisciplinary Center for Community Health & Wellness  
CMU's Master of Public Health Program

