Central Michigan Regional Rural Health Network Development Planning

August 6, 2015
Central Michigan Regional Rural Health Network Development Planning

July 9, 2015
Acknowledgement

This presentation was prepared by the Central Michigan District Health Department (CMDHD) for the Central Michigan Regional Rural (CMRR) Health Network Development Planning project.

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Today’s Agenda

- Introductions
- Central Michigan Regional Rural Health Network Development Planning Project Overview
- Updates from the Health Resources and Services Administration and the Technical Assistance Provider
- Governance Committee
- Central Michigan Regional Rural Health Network Website
  - Resources Library Tour
  - Central Michigan Region Health Indicators Report July 2015
- Health Needs/Issues Survey
- Next Steps in Health Network Development Planning
- Comments and Questions
Introductions
Central Michigan Regional Rural Health Network Members

Health Care Providers

- Central Michigan District Health Department (CMDHD)
- Central Michigan University (CMU) Health Services
- Community Mental Health of Central Michigan
- Isabella Citizens for Health, Inc.
- McLaren Central Michigan
- Michigan Community Dental Clinics, Inc. (MCDC)
- Michigan Department of Health and Human Services
- MidMichigan Collaborative Care Organization, LLC
- MidMichigan Community Health Services
- MidMichigan Medical Center - Clare
- MidMichigan Medical Center - Gladwin
- Munson Healthcare Grayling Hospital
- St. Mary’s of Michigan – Standish Hospital
- Sterling Area Health Center
Central Michigan Regional Rural Health Network Members

Academic Institutions Offering Health Professions Programs

- Central Michigan University (CMU) College of Medicine (CMED)
- Central Michigan University (CMU) The Herbert H. and Grace A. Dow College of Health Professions (CHP)
- Ferris State University College of Health Professions (CHP)
- Kirtland Community College
- Michigan State University (MSU) College of Human Medicine
- Mid Michigan Community College (MMCC) Health Sciences Program
Central Michigan Regional Rural Health Network Members

Governmental and Non-governmental Organizations

- Central Michigan Pregnancy Services
- EightCAP, Inc. 0-5 Head Start
- Isabella County Board of Commissioners
- Michigan Health Improvement Alliance, Inc. (MiHIA)
- Michigan Primary Care Association (MPCA)
- Michigan State University (MSU) Extension
- Michigan Works! Region 7B and Northern Transformation
- Mid Central Area Health Education Center (AHEC)
- Mid Michigan Community Action Agency (MMCAA)
- Mid-Michigan Transportation Connection
- Northern Lower Regional Center Area Michigan Health Education Center (AHEC)
- Region VII Area Agency On Aging (Region VII AAA)
- Roscommon County Transportation Authority (RCTA)
- Ten16 Recovery Network
Central Michigan Regional Rural Health Network Development Planning Project Overview
Central Michigan Regional Rural Health Network Development Planning Project Overview

- Determine what needs to be done: Review health indicators, complete a survey to rate needs/issues, and determine priority areas and objectives (with measures) that will improve health of the population of the central Michigan region.

- Determine who is going to do it, and what is it going to take to do it: Identify Health Network Members’ current resources/programs in relation to the objectives and determine resources needed to “fill gaps” (by expanding current programs, implementing new programs, and including additional facilitating stakeholders) to achieve objectives. To be documented in a strategic implementation plan.

- Additional Requirements
  - Foster collaborative/teaming agreements (Health Network Member Directory, opportunity sharing)
  - Develop the Health Network infrastructure so that it continues on as “a viable, functioning entity” (by focusing upon governance, public relations/communications, and sustainability)
Updates from the Health Resources and Services Administration and the Technical Assistance Provider
Update from the Health Resources and Services Administration (HRSA)

Project implementation telephone conference with HRSA Project Officer Amber Berrian, CMDHD Principal Investigator/Officer-In-Charge Steve Hall, and Project Director Veronica Romanov was held on July 14, 2015.

The Central Michigan Regional Rural (CMRR) Health Network scored 7th of 81 applications submitted. Received 1 of 24 awards.

Future Funding Opportunities

- The Community Based Division will compete a Network Development Grant in FY 2017 for award for FY 2018.

- Outreach Program grants will be competed in 3 years (FY2018).

- The CMRR Health Network will be eligible for another Network Development Planning Grant – need to add at least two additional members and have a different focus.
Rural Health Innovations (RHI), a subsidiary of the National Rural Health Resource Center, held a technical assistance (TA) kick-off meeting for the 24 rural health network development planning grantees on July 16, 2015.

RHI provides “TA through education, training, and guidance including: webinars, direct questions and consultations, resources and tools, on-site visits, creating directories and sourcebooks, and guidance in self-assessment, evaluation and strategic planning.”

Grantees are required to participate in “Intro Calls” in August 2015, “Check-In Calls” in February or March 2016, and “Closing Calls” on May 2016, as well as educational webinars and peer group calls.

Suggested potential areas for technical assistance for the CMRR Health Network included governance, sustainability, and an opportunity sharing system.

RHI’s Technical Assistance website: www.ruralcenter.org/rhi/network-ta
National Rural Health Resource Center website: www.ruralcenter.org/
Related website - Rural Assistance Center (RAC) Online: www.raconline.org/
Governance Committee
**Governance Objective Requirements/Schedule**

**Objective 2.4.** Document any and all memoranda of understanding, health network bylaws, and/or operating agreements developed during the planning process

<table>
<thead>
<tr>
<th>Activities/Strategies</th>
<th>Responsibility</th>
<th>Timeframe</th>
<th>Output</th>
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<tbody>
<tr>
<td>Create Governance Committee</td>
<td>Network Members</td>
<td>Aug. 2015</td>
<td>Governance Committee</td>
</tr>
<tr>
<td>Develop network bylaws and/or operating agreements</td>
<td>Governance Committee</td>
<td>Sep. – Oct. 2015</td>
<td>Draft memoranda of understanding, health network bylaws and/or operating agreements</td>
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<td>Project Director</td>
<td>Administrative Assistant</td>
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<tr>
<td>Review, refine, and approve bylaws and/or operating agreements at monthly meeting</td>
<td>Network Members</td>
<td>Nov. – Dec. 2015</td>
<td>Revised memoranda of understanding, health network bylaws and/or operating agreements</td>
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<td>Project Director</td>
<td>Governance Committee</td>
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<td>Project Director</td>
<td>Administrative Assistant</td>
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<tr>
<td>Produce final documents</td>
<td>Project Director</td>
<td>Jan. 2016</td>
<td>Final memoranda of understanding, health network bylaws and/or operating agreements</td>
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<td>Project Director</td>
<td>Administrative Assistant</td>
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Central Michigan Regional Rural Health Network Website
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Finding the Website

- Can also go to [www.together-we-can.org](http://www.together-we-can.org) and click on Rural Health Network

Today’s Activities

- View homepage
- Tour the Resources Library
- Review Central Michigan Region Health Indicators Report July 2015
Health Needs/Issues Survey
Health Needs/Issues Survey

Health Indicator/Issue Questions for Each Item

How important is this issue in the central Michigan region?

Will have a five point scale, including: not at all important; slightly important; moderately important; very important; and extremely important. No Opinion will also be included.

In which of the counties is this issue either very important or extremely important? You may select multiple counties.

Choices will include Arenac, Clare, Gladwin, Isabella, Osceola, Roscommon, and Don’t Know/No Opinion.
Health Needs/Issues Survey

Brainstorming to identify additional issues

Reference document: *Central Michigan Regional Rural Health Network Development Planning Project Health Indicators and Population Groups*. Populations groups have been included to help stimulate ideas.

Each item should be classified under Social and Economic, Physical Environment, Clinical Care, Health Behavior, Health Outcome, or Miscellaneous.

Focus on issues, not solutions (workaround example: Lack of access to care via telehealth, rather than telehealth).

Timing of Survey

Start date and duration?
Next Steps in Health Network Development Planning
Next Steps in Health Network Development Planning
Next Steps in Health Network Development Planning
Next Steps in Health Network Development Planning

Activities for the Remainder of August

CMDHD: Obj. 1.1 Task – Continue to assemble regional and county health outcome and health factor data and place documents on the website, including additional County Health Rankings and Behavioral Risk Factor Surveillance System report.

Network Members: Obj. 1.1 Task – Send in additional data resources.

Network Members: Obj. 1.1 Task – Review regional and county health outcome and health factor materials on the website.

CHDHD: Misc. Task – Complete review of community calendar applications.
Activities for the Remainder of August (concluded)

CMDHD and Network Members: Obj. 1.4 Task – Continue to recruit additional members.

CMDHD: Obj. 1.4 Task – Revamp and update Member Directory (ongoing).

Network Members: Obj. 2.2 Task - Develop additional collaborative agreements (ongoing).
Next Steps in Health Network Development Planning

September Health Network Meeting Activities (tentative)

Obj. 1.1 Task – Determine how to maximize participation in the health issues survey.

Obj. 2.2 Task – Review Healthy People 2020 Topics (which include health outcomes, health factors, and target populations)

Obj. 1.2. Task - Identify Network Members’ critical needs.

Misc. Task – Discuss a Health Network/County TWC HIP Workgroup Member information/activities sharing system.
Next Steps in Health Network Development Planning

Activities for the Remainder of September

Network Members and Others Interested Individuals: Obj. 1.1 Task - Complete health issues survey.

CHDHD: Misc. Task – Implement community calendar application.

Governance Committee: Obj. 2.4. Initiate memoranda of understanding, health network bylaws, and/or operating agreements development process.

CMDHD: Obj. 3.1 Task - Provide informational briefings at County Collaborative and other venues.

CMDHD: Obj. 3.4 Task - Develop opportunity clearinghouse system design plan.
Questions and Comments