Central Michigan Regional Rural Health Network

August 1, 2019
Acknowledgement

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Today’s Agenda

1. Introductions
2. Governance Committee Updates
3. HRSA Network Development Planning Grant Overview
4. Trauma Informed Organizations
5. Identifying Team of Leaders
6. Community Collaborative Updates and Member Sharing

Next Meeting Date: 10:00 a.m., Thursday, September 5th, 2018, at the Clare-Gladwin RESD
Introductions
Governance Committee Updates
HRSA Network Development Planning Grant Overview
Central Michigan Regional Rural Health Network – Who We Are

Central Michigan Regional Rural Health Network Governance Committee

Board
Chair, Vice Chair, Treasurer, Secretary

Members
Not less than 12 and not more than 18 representatives from Central Michigan Regional Rural Health Network Member organizations, additional stakeholder organizations, and the community

Lead Health Network Member
Central Michigan District Health Department

Health Network Operations
Health Network Director
Program Support Staff

Subcommittees
Administrative/Rules
Finance/Sustainability
Legislative
Outreach/Communications
Operational/Technical

Network Members - Health Providers

Network Members - Academic and Educational Institutions

Network Members - Health and Human Services Organizations

Additional Central Michigan Regional Rural Health Network Participants, Facilitating Stakeholders, and Community Members
Health Network Member Roles and Responsibilities

- Participating in the Health Network’s meetings and events.

- Volunteering to serve as a member of the Governance Committee, Health Network subcommittees, and/or ad hoc planning and workgroups when possible.

- Being well informed about rural health network planning project activities, including reviewing materials provided by the Lead Rural Health Network Member.

- Providing constructive verbal and written input regarding perceived community and health care needs and for programmatic/operational activities, as well as recruitment of additional Central Michigan Regional Rural Health Network Members.

- Participating in decision making processes to identify the Central Michigan Regional Rural Health Network Members goals, objectives, and activities.
Health Network Member Roles and Responsibilities (concluded)

- Adhering to any Health Network operating policies and procedures.
- Positively representing and promoting the Central Michigan Regional Rural Health Network and its programs to peers, stakeholders, other organizations, individuals, and the public.
- Informing the Lead Rural Health Network Member via email regarding any changes in the Member’s organizational information (technical/contractual points of contact, address, etc.).
- Informing the Lead Rural Health Network Member regarding any concerns or issues and/or conflicts of interest.
Network Development Planning Grant

- **Period of Performance**: July 1, 2019 - June 30, 2020 with some deliverables to be provided within 90 days of grant completion.

- **Overarching Planning Goal**: Encourage multisector, collaborative partnerships that address identified community health needs and facilitate access by community members to integrated health and human services that meet individualized needs.

Will be accomplished by bringing together those individual participants who:

- Serve community members directly and provide access to focus communities
- Educate and train students/professionals from health, community services, and other sectors/systems
- Network with local champions, county/regional networks, and state and national leaders
Supporting Goals

• Increasing systems’ capacity to provide integrated, person-centric treatment, care, and programming; and

• Increasing the number of individuals accessing available capacity.

We’ll be bringing together teams of leaders in:

✓ Developing trauma informed systems and resilient communities
✓ Providing harm reduction based care for people who misuse substances and those impacted by substance misuse
✓ Encouraging healthy lifestyles
✓ Enhancing maternal and child health
✓ Increasing use of community health workers in integrated care systems
✓ Expanding and extending the reach of regional health professional workforce education, training, recruitment, and retention activities
Trauma Informed Organizations
The Trauma-Informed Care Pyramid serves to:

- Define populations/communities of focus
- Frame responder types
Strategies Related to Organizations/Responders Becoming Trauma Informed

Facilitate access by responders and other entities to tools necessary for their organization to:

- Become trauma informed (having a culture that supports a workforce aware of the values of trauma informed practices and a safe physical, social, and emotional environment); and/or
- Have a workforce trained in trauma informed practices for the populations(s) they serve and be capable of assessing individuals for exposure to trauma and toxic stress and providing clinical interventions focused upon individuals, targeted approaches focused at upon individuals and families in need, and/or universal approaches targeted at school-based and other communities.

Collaborate in developing plans for Network Members and additional organizations to become trauma informed responders - have a trauma informed workplace/client environment and staff trained in trauma informed practices and capable of responding with care.
Identifying Team of Leaders
Who among us is leading the way?

- Developing trauma informed systems and resilient communities
- Providing harm reduction based care for people who misuse substances and those impacted by substance misuse
- Encouraging healthy lifestyles
- Enhancing maternal and child health
- Increasing use of community health workers in integrated care systems
- Expanding and extending the reach of regional health professional workforce education, training, recruitment, and retention activities
Community Collaborative Updates and Member Sharing