Exchange Central - Syringe Service Program (SSP)
Our Mission

- Promoting Healthy Families, Healthy Communities
Our Services

- Environmental health
- Health promotion
- Personal health
- Emergency preparedness
What is a Syringe Service Program?

- Provide access to syringes
- Provide a place for disposal and/or exchange for syringes
- Referral and linkage to services and/or care

What is an SSP? A community-based program that provides key pathways to services to prevent drug use, HIV, and viral hepatitis.
Syringe Service Programs are **LEGAL**

- Per Michigan Public Health Code, Act 368 of 1978, Sec. 7457: Distribution of injection supplies (or any drug “paraphernalia”) by a state or local governmental agency or by a person authorized by a governmental agency to prevent transmission of infectious agents is *legal*.

- Federal funds can now be used to support SSPs.
The Purpose of Syringe Service Programs

- Prevent transmission of HIV and other blood-borne viruses
- Linkage to prevention and services
Benefits

- Highly cost-effective
- Improve public health and safety
- Reduce HIV and HCV transmission
- Linkage to Treatment
  - Participants 5x more likely to enter treatment
- Proven to not increase or encourage drug use
Top 220 U.S. Counties at High Vulnerability for Rapid Dissemination of HIV or HCV Infections Among Persons Who Inject Drugs

<table>
<thead>
<tr>
<th>County</th>
<th>Ranking out of 220 (Nationally)</th>
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<tbody>
<tr>
<td>Ogemaw</td>
<td>86</td>
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<tr>
<td><strong>Clare</strong></td>
<td><strong>87</strong></td>
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<tr>
<td>Oscoda</td>
<td>88</td>
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<tr>
<td>Montmorency</td>
<td>91</td>
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<tr>
<td>Lake</td>
<td>137</td>
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<tr>
<td>Alcona</td>
<td>184</td>
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<tr>
<td><strong>Roscommon</strong></td>
<td><strong>192</strong></td>
</tr>
<tr>
<td>Crawford</td>
<td>197</td>
</tr>
<tr>
<td>Kalkaska</td>
<td>207</td>
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<tr>
<td>Cheboygan</td>
<td>215</td>
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</table>
93% of these vulnerable counties don’t have any SSPs.

The Impact of SSPs

- Participants are:
  - 5 times more likely to enter drug treatment programs
  - 2.5 times more likely to reduce injection frequency
  - Provided with Naloxone, which reduces overdose deaths by 95%
  - More than 60% less likely to become infected with hepatitis B and C, and 33% less likely to contract HIV
  - 25% more likely to be referred to mental health treatment

Visit opioid.amfar.org
Our Program

www.cmdhd.org
Exchange Central Location

Central Michigan District Health Department
815 N. Clare Ave. Suite B
Harrison, MI 48625
Hours of Operation

- Every 3rd Tuesday of the month
  - 9:00am – 12:00pm
  - 1:00pm – 4:00pm

- Tuesday clinic days (varies month to month)
What Exchange Central Offers

- Clean needles & works
- Safe disposal
- Naloxone
- HIV/STI testing
- Vaccinations
- Education
- Referrals
- Safe sex kits

Free to all Michigan Residents
ID Cards

Participant ID: __ __ __ __ __ __ __ __

This card was issued to a participant of the Central Michigan District Health Department Syringe Service Program. This participant is legally furnished with harm reduction equipment (i.e. hypodermic needles, cookers, cotton filters, bleach/water kits, etc.) per Sections 333.7451 to 333.7457 of Public Health Code Act 368 of 1978. It is also requested that this participant bring used syringes to the health department in a puncture resistant container for proper disposal. Law enforcement is asked to be considerate of the legality of these activities and call the Syringe Service Program at 989-773-5921 ext 1240 with any concerns.

Central Michigan District Health Department
Main Office:
2012 E Preston Ave.
Mt. Pleasant, MI 48858
989-773-5921 ext 1240

TIPS FOR SAFER INJECTIONS

- Wash your hands.
- Find a vein.
- Use a clean surface to prepare your hit.
- Draw your hit up into the syringe.
- Clean the site with an alcohol swab.
- Raise a vein (pump your fist, use a tourniquet/tie).
- Insert the needle into the vein with the eye of the needle facing up, injecting toward your heart.
- Check that you are in the vein by slowly pulling back on the plunger (a small amount of blood should trickle into the syringe).
- Let go of the tourniquet before you push down the plunger.
- Inject slowly.
- Slowly withdraw the needle.
- Press on the injection site with a cotton ball.
- Put the used needle/works into a sharps container.
- Wash your hands again. Blood on your hands can transfer to anything else you touch.
- Use antibiotic ointment on any sores or spots that look like they are getting infected.
# Date & Time Cards

**Exchange Central**

815 N Clare, Ave
Suite B, Harrison, MI
48625

<table>
<thead>
<tr>
<th>Date &amp; Time</th>
<th>9:00–12:00pm</th>
<th>1:00-4:00pm</th>
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<tbody>
<tr>
<td>Tuesday</td>
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<tr>
<td>Tuesday</td>
<td>9:00–12:00pm</td>
<td>1:00-4:00pm</td>
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For more information contact
989-773-5921 ext 1240
exchangecentral@cmdhd.org
Central Michigan District Health Department
Introduces

Exchange Central

We Offer:
- Clean Needles
- Safe Disposal
- Clean Works
- Narcan
- STI/HIV Testing
- Education

Open every 3rd Tuesday located at:

815 N. Clare Ave
Harrison, MI 48625

9:00am-12:00pm, 1:00pm-4:00pm

Residents from all counties are welcome!

Contact us for more dates & information:
989-773-5921 ext. 1240
exchangecentral@cmdhd.org

Central Michigan District Health Department
Syringe Service Program

Exchange Central

www.cmdhd.org

What We Offer
- Sterile Needles & Supplies
- Disposal Site
- Narcan
- Vaccinations
- Safe Sex Kits
- Confidential STI/HIV Testing
- Referrals
- Education

Exchange Central Information

Free to all Michigan Residents
When: Every 3rd Tuesday of the Month
9am-12pm & 1pm-4pm
Where: 815 N Clare Ave. Harrison, MI 48625

For more information call us at (989) 773-5921 ext 1240
Email us at exchangecentral@cmdhd.org
Where We Are Headed....

- Expand availability
- Promotion
- More services
Contact Us

- Phone Number
  (989) 773-5921 ext. 1240

- E-mail
  exchangecentral@cmdhd.org
Source: Syringe Services Programs: Myth vs. Fact. amfAR. 2013.  
https://www.amfar.org/uploadedFiles/_amfarorg/Articles/On_The_Hill/2013/Syringe%20Services%20Programs%202010232013.pptx;  