Uniting the communities and working together, we will improve health and promote wellness in central Michigan.
Program Highlights

➢ Morning Workshop: Mark Sloane, Western Michigan University, Children’s Trauma Assessment Center

*Building Connected Communities of Resilience: Trauma-Informed Service, Systems, and Collaborative Practice*

➢ Afternoon Plenary Sessions:

*Regional Opioids Collaborations – MiHIA Regional Opioids Strategy Map*

*AL!VE Charlotte, Michigan – Community Health Collaboration*

➢ Resource Exchange – 12+ Exhibitors

➢ Student-Led Research: 24 Presentations
Resource Exchange Exhibitors

Central Michigan District Health Department / CMU Interdisciplinary Center for Community Health & Wellness

EightCap, Inc.
Everyday Life Consulting
Life Choices of Central Michigan
McLaren Central Michigan
Michigan Department of Health and Human Services, Bureau of Community Services
MidMichigan Health
MSU Extension
Saginaw Chippewa Indian Tribe of Michigan Behavioral Health Services
Saginaw Chippewa/Isabella County Families Against Narcotics
Ten16 Recovery Network
Purpose and Goals for the Summit

• Develop new perspectives:
  • What it means to be “trauma-informed” and how to apply this perspective in our work and lives to better support others who are facing adversity

• Increase knowledge and understanding:
  • Awareness of the wide-reaching ramifications of the region’s opioids (SUD) epidemic and ideas for maximizing our collective resources to respond, heal and prevent these health challenges experienced by many in our community.

• Look Around, Explore, and Expand Ideas about Collaboration:
  • Learn about AL!VE Community Collaboration for Health & Wellness in Charlotte, Michigan
Participation and Feedback

• Please Share Your Perspectives of Your Experience at the Summit!
  • What were YOUR key takeaways?
  • What ACTIONS are you going to take?
<table>
<thead>
<tr>
<th></th>
<th>STRONGLY DISAGREE</th>
<th>DISAGREE</th>
<th>NEITHER AGREE OR DISAGREE</th>
<th>AGREE</th>
<th>STRONGLY AGREE</th>
<th>TOTAL</th>
<th>WEIGHTED AVERAGE</th>
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<tbody>
<tr>
<td>The summit was informative and useful.</td>
<td>0.00%</td>
<td>0</td>
<td>0.00%</td>
<td>37.21%</td>
<td>62.79%</td>
<td>43</td>
<td>4.63</td>
</tr>
<tr>
<td>The summit addressed important issues in my work or studies.</td>
<td>0.00%</td>
<td>0</td>
<td>4.65%</td>
<td>46.51%</td>
<td>48.84%</td>
<td>43</td>
<td>4.44</td>
</tr>
<tr>
<td>The summit provided me with opportunities to exchange ideas and network with professionals related to public health.</td>
<td>2.33%</td>
<td>0</td>
<td>16.28%</td>
<td>37.21%</td>
<td>44.19%</td>
<td>43</td>
<td>4.21</td>
</tr>
<tr>
<td>Based on the summit, I will make changes in my work, practice, professional/personal endeavors, and/or studies.</td>
<td>0.00%</td>
<td>0</td>
<td>25.58%</td>
<td>53.49%</td>
<td>20.93%</td>
<td>43</td>
<td>3.95</td>
</tr>
<tr>
<td>I plan on contacting people I met at the summit to follow-up on ideas and important opportunities we discussed.</td>
<td>2.33%</td>
<td>4.65%</td>
<td>27.91%</td>
<td>37.21%</td>
<td>37.21%</td>
<td>43</td>
<td>3.93</td>
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</tbody>
</table>
Using the scale below, please rate your overall experience for the following elements of the summit:

Answered: 41  Skipped: 2

- Overall Program
- Conference Venue
- Meals
- Workshop: Building...
- Panel Plenary: Collaboration...
- Plenary: ALIVE Community...
- Resource Exchange...
- Student Research Pos...

Scale: 0 to 10
Comments

➢ Personally important outcomes of the summit:
  ▪ Recognition of trauma-informed approach and how this can impact how we interact with clients
  ▪ Concept of “experience” as a value-added portion of healthcare
  ▪ Connecting the ACEs and learning about the Experience Economy and Strategy Map
  ▪ Increased awareness of trauma-informed care, how widespread trauma is
  ▪ Discussion of the regional opioids crisis was sobering, but helpful

➢ Actions participants planned to take
  ▪ Connect with presenters as future speakers
  ▪ Use the ACE information in my work with parent education & early childhood initiatives
  ▪ Possibly collaborate on expanding Morey Courts
  ▪ Share AL!VE with our local CHIP committee
Comments

➢ Recommendations for the future
  ▪ Offer choices and break out topics
  ▪ Allow more time for medical topics
  ▪ More presenters – shorter presentations
  ▪ More debriefing / discussion to come up with community actions
  ▪ Put exhibits and posters where food is located (different layout)
  ▪ Promote better
  ▪ Get CMU Public Health and Medical Students cued in early
CMU Interdisciplinary Center for Community Health & Wellness

Purpose: Stimulate and promote basic and applied research and education about health and wellness for disease prevention, health promotion, health communication, quality of life improvement and related economic benefits for Michigan and beyond.

Goals:

• Establish and sustain CMU as a model for health and wellness education.
• Promote scholarship, interdisciplinary research, service, and applied practice in wellness-related academic disciplines through external partnerships and collaborations.
• Engage students in the community to improve health outcomes and promote interprofessional learning networks.
• Collaborate with the community to benefit the health and well-being of all citizens of CMU’s region, Michigan and the nation
CMU Interdisciplinary Center for Community Health & Wellness

➢ Five College Collaboration:
  • The College of Medicine
  • The Herbert H. & Grace A. Dow College of Health Professions
  • College of Education & Human Services
  • College of Liberal Arts and Social Sciences
  • College of Arts & Media

➢ Focus on Community Health Priorities in CMU’s regions served
ICCHW - Year One Progress Highlights

**Arc of Progress / Milestones:**
- Sustainability
- Capacity Building
- Visibility
- Value-Add

**Center Milestone Markers**
- Visibility: 1500+ in-person direct contacts/presentations engaged with CMU faculty, students and community.
- Capacity Building: Two major convenings, ten community-based health education ACEs programs
- Sustainability: RWJF Bridging for Health Evaluation Contract MiHIA

### Engagement / Collaborations
- **Faculty/Students**
  - ACEs Resilience Education Programs: Faculty/Students (300+ participants / 5 screenings)
  - Supporting faculty research connections with the community: Opioids, Youth Obesity, Nutrition
  - Class Projects (JRN556, HON321)
  - Student Research Poster Session
  - CMU Health Student Health Services

### CMU Capacity Building
- **Programs**
  - Opioids Conference
  - CM Public Health Summit (CM District Health Department)
  - ACEs Resilience Education Programs (10 Programs in Collaboration with Numerous Community-based Health/Human Services)
  - CMU ACEs / Resilience Mapping Initiative Faculty Workgroup

### External Grants / Contracts
- **Guides**
  - RWJF Bridging for Health Evaluation Contract Award
  - Grants:
    - Central Michigan Regional Rural Health Network (2 Assists - HRSA)
    - Children’s Hospital Foundation of Michigan (declined)
- **Proposals / Opportunities Explored:**
  - Mott-Flint, SAMSA-Holy Cross, CMU Health-Centering/Pregnancy and Opioids

### Regional Collaborations
- **MiHIA – Bridging for Health Initiative/ Population Health Strategy Team**
- **THRIVE Initiative Support for Health & Educational Professional Pipelines Priority Area**
- **Regional Education Institutions – Saginaw Valley State University, Saginaw Intermediate School District, Delta College, Mid-Michigan Community College, Western Michigan University**
- Co-presented/sponsored educational programs:
  - CM District Health Department Public Health Summit; Resilience and ACEs - Saginaw ISD, Traverse Bay Children’s Advocacy Center; Michigan Statewide Tribal Opioids Conference (June 13-15)
- Community-based: CM Regional Rural Health Network, Gratiot/Isabella Collaboratives, Isabella Substance Abuse Coalition, Westlund Guidance Center-Saginaw, Greater Midland, Bay-Arenac and Gratiot/Isabella Great Start

### State Collaborations
- **Michigan ACEs Initiative Steering Committee / Michigan ACEs Master Training Initiative – CMU CME Authorizer**
- **Michigan Health Endowment Fund**
### 2018-2019 Collaboration Opportunities

**MILESTONES PROPOSED:**

- **Sustainability:**
  - Capacity Building
  - Visibility
  - Value-Add

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**Center Milestone Markers**

Visibility and Impact: Expand Programs and Participation in Center Offerings, Partnerships which engage faculty/research, Media recognition

Capacity Building: Develop portfolio of Center specialty areas / expertise focus

Sustainability: Two major grant awards (one to support continued Trauma-Informed CMU initiatives)

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<thead>
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<th>Engagement / Collaborations</th>
<th>CMU Capacity Building</th>
<th>External Grants / Contracts</th>
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<tbody>
<tr>
<td><strong>Faculty/Students</strong></td>
<td><strong>Programming</strong></td>
<td><strong>3. SECURE CONTRACT / GRANT FUNDING TO SUPPORT CENTER RESEARCH AGENDA AND CAPACITY BUILDING INITIATIVES</strong></td>
</tr>
<tr>
<td>1. ENGAGE CENTER DEANS AND FACULTY ADVISORY COMMITTEE TO DEVELOP:</td>
<td></td>
<td>- ACES / TRAUMA-INFORMED</td>
</tr>
<tr>
<td>- INTERDISCIPLINARY RESEARCH AGENDA WITH AREAS OF FOCUS (Opioids, ACES, Nutrition, Applied Research and Evaluation Research)</td>
<td></td>
<td>- MIHIA THRIVE</td>
</tr>
<tr>
<td>- CROSS-COLLABORATIONS (Mobile Health, Center for Children, Families and Communities, Brazelton IPE)</td>
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<td>- OPIOIDS EDUCATION</td>
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<tr>
<td><strong>Regional Collaborations</strong></td>
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<td>4. Provide Continued Support for:</td>
</tr>
<tr>
<td>5. ESTABLISH COMMUNITY ADVISORY COUNCIL FOR CENTER:</td>
<td></td>
<td>- RWJF Bridging for Health Evaluation Contract (ends January 2019)</td>
</tr>
<tr>
<td><strong>State / National Collaborations</strong></td>
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<tr>
<td>- Michigan ACES Initiative Steering Committee / Michigan ACES Continuing Professional Education Provider</td>
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<tr>
<td>- George Washington University – Building Communities of Resilience Collaboration</td>
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<tr>
<td>- RWJF Building A Culture of Health</td>
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</table>
Questions / Discussion

• Opportunities for Collaboration

• Michigan ACEs Community Champion Training

• Contact:
  Alison.Arnold@cmich.edu
  231-590-3645