Central Michigan Regional Rural Health Network Development Planning

July 5, 2018
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July 9, 2015
Today’s Agenda

1. Introductions

2. Governance Committee Updates – Steve Hall

3. HRSA Rural Health Network Planning Project Update – Veronica Romanov

4. 2018 Public Health Summit Review - Alison Arnold, Ed.D., Director, Interdisciplinary Center for Community Health & Wellness, Central Michigan University College of Medicine, alison.arnold@cmich.edu

5. Interdisciplinary Center for Community Health & Wellness - Alison Arnold

6. Member Sharing

Next Meeting Date: 10:00 a.m., Thursday, August 2, 2018, at the Clare-Gladwin RESD
1. Introductions
2. Governance Committee Updates
3. HRSA Rural Health Network Planning Project Update
Overview

By 2030 one in four Michigan residents will be over the age of 60, and the fastest growing age demographic is women over the age of 85.

While people are living longer, more than 40% of older adults are overweight, 80% have at least one chronic condition, and nearly half of all individuals over the age of 85 have some form of dementia.

In addition, more Michiganders are becoming caregivers for an older family member or friend. Michigan has more than 1.2 million caregivers who often make great sacrifices to ensure their family and friends get the help they need.

Nearly 70% of individuals with dementia live at home and are supported by a caregiver, and most informal caregivers are likely to provide assistance with at least two activities of daily living in addition to other supportive activities like shopping, transportation, and meal preparation.
The aim of this healthy aging initiative is to improve access and availability of integrated, comprehensive services for older adults and their caregivers, delivered in a person-centered way.

To achieve these improvements, the Michigan Health Endowment Fund seeks to support strategies and service delivery models that ultimately improve health outcomes for older adults and those who care for them.

The Health Fund is accepting proposals in two categories: Healthy Aging and Caregiving.

Value: Up To $500,000 for 1 or 2 years
Michigan Health Endowment Fund
2018 Healthy Aging Grant

Schedule


- **07/13/18** - Concept papers due by 5 p.m.

- **08/02/18** - Applications due by 5 p.m.

- **11/08/18** - Awards announced

- **11/15/18** - Grants processed
Michigan Health Endowment Fund
2018 Healthy Aging Grant

2017 Awards – 13 Total Awards

- Area Agency on Aging of Northwest Michigan - Integrating Healthcare and Community-based Services for Individuals with Dementia

- Calvin College - Collaborative Inter-professional Falls Prevention Program

- Central Michigan University - Experiential Learning Older Adult Home Visit and Health Improvement Program

- Genesee Health System - Genesee County Healthy Aging

- Henry Ford Health System Global Health Initiative - Knock & Check: Phase Two

- Jewish Hospice and Chaplaincy Network - LifeLinks: Home-based Palliative Care Program
Michigan Health Endowment Fund
2018 Healthy Aging Grant
2017 Awards (concluded)

- **Michigan State University** (University partners – University of Michigan, MSU Extension, MSU College of Human Medicine, and Wayne State University Institute of Gerontology) - **THRIVE Network: Educating Dementia Caregivers on Wellness and Self-care**

- Otsego County Commission on Aging - **Expansion of Innovative Technology and Aging Program**

- **Region 7 Area Agency on Aging - Community Care Transitions**

- St. Joseph Mercy - **Establishing Geriatric Behavioral Health Services**

- Trinity Health Continuing Care - **E-Prescribing Aging Services through Electronic Medical Records**

- Upper Peninsula Health Care Solutions - **Make a Plan, Share a Plan**

- Wayne State University - **Frailty Prevention in Older African Americans**
The State of Michigan may be receiving an award in the fall

**Focus (provision of direct services not allowed)**

- Increasing access and promotion to evidence-based programs for people at risk of diabetes and/or living with diabetes or hypertension (e.g., Diabetes Prevention Program, Diabetes Self-Management Education and Support services);

- Increased engagement with pharmacists and community health workers as members of clinical care teams; and

- Increased promotion and improved use of health information technology (HIT) by providers to improve patient outcomes and decrease healthcare disparities (see attached abstract).
Recommended Reading: “The Patient Will See You Now: The Future of Medicine is in Your Hands” by Eric Topol
“Topol’s latest is a must-read for anyone interested in the future of health care and what risks and opportunities are on the horizon. There are fundamental trends that will make this happen, although it’s admittedly hard to predict when it will occur. This is perhaps the first and best book to date about the dramatic social changes technology is driving in health care.

The technologies are changing traditional relationship dynamics between various stakeholders in health care. We are entering the age of “Do It Yourself” health care, smart phone care, retail care and cloud-based care. These changes are as disruptive to medicine as eCommerce and MegaStores have been to retail.”

2018 Public Health Summit Review and
Central Michigan University
Interdisciplinary Center for Community Health & Wellness

Alison Arnold, Ed.D.,
Director, Interdisciplinary Center for Community Health & Wellness, Central Michigan University
Member Sharing