Central Michigan Regional Rural Health Network Development Planning

March 8, 2018
Acknowledgement

This presentation was prepared by the Central Michigan District Health Department (CMDHD) for the Central Michigan Regional Rural (CMRR) Health Network Development Planning project.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number P10RH31090 for $99,993. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.
Central Michigan Regional Rural Health Network Development Planning

July 9, 2015
Today’s Agenda

1. Introductions

2. Governance Committee Updates

3. HRSA Rural Health Network Planning Project Update

4. Harm Prevention - Dr. Jennifer Morse, Medical Director for Central Michigan District Health Department, District Health Department #10, and Mid-Michigan District Health Department - Email: jmorse@cmdhd.org

5. Member Sharing

Next Meeting Date: 10:00 a.m., Thursday, April 5, 2018, at the Clare-Gladwin RESD.
1. Introductions
2. Governance Committee Updates
3. HRSA Rural Health Network Planning Project Update
Project Update Topics

What’s Been Happening

- Friday, February 23rd: HRSA Rural Health Network Development Planning Program grant application submitted

- Tuesday, February 27th - Thursday, March 1st: Community-Based Division All-Programs Meeting in Rockville, Maryland

Moving Forward...

- Health Network Strategic Planning

- Programmatic Updates
HRSA Rural Health Network Development Planning Program Grant Application
Central Michigan Regional Rural Health Network Service Area Map

Legend

- **Lead Rural Health Network Member** - Central Michigan District Health Department
- **Rural Health Network Member** - Academic/Educational Institution
- **Rural Health Network Member** - Health Provider
- **Rural Health Network Member** - Health and Human Services
Demonstrating Need

<table>
<thead>
<tr>
<th>Cause of Death</th>
<th>Age-adjusted Mortality Rates</th>
<th>Regional Disparity (% Variance in Comparison to the State and the U.S.)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Region</td>
<td>Michigan</td>
</tr>
<tr>
<td>All Causes of Death</td>
<td>820.2</td>
<td>772.8</td>
</tr>
<tr>
<td>1. Heart Disease</td>
<td>215.9</td>
<td>195.5</td>
</tr>
<tr>
<td>2. Cancer</td>
<td>180.2</td>
<td>164.9</td>
</tr>
<tr>
<td>3. Chronic Lower Respiratory Diseases</td>
<td>62.6</td>
<td>46.7</td>
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<tr>
<td>4. Stroke</td>
<td>37.3</td>
<td>36.8</td>
</tr>
<tr>
<td>5. Unintentional Injuries</td>
<td>47.9</td>
<td>42.9</td>
</tr>
<tr>
<td>6. Alzheimer's Disease</td>
<td>20.6</td>
<td>29.7</td>
</tr>
<tr>
<td>7. Diabetes Mellitus</td>
<td>22.6</td>
<td>22.2</td>
</tr>
<tr>
<td>8. Pneumonia/Influenza</td>
<td>20.0</td>
<td>15.4</td>
</tr>
<tr>
<td>9. Kidney Disease</td>
<td>11.5</td>
<td>15.0</td>
</tr>
<tr>
<td>10. Intentional Self-harm (Suicide)</td>
<td>12.9</td>
<td>13.6</td>
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Objective 1: Facilitate the development of trauma informed systems and resilient communities.

Processes

- Identify the *target populations* in need of trauma informed responses and *facilitating stakeholders* – the local area entities in systems that need to become trauma informed “aware” and those in the region capable of becoming trauma informed “responders.”

- Educate entities within various systems about the effects of trauma and toxic stress and the need for providing those who they serve (patients, clients, students, etc.) from a trauma informed basis;

- Facilitate responders’ access to the tools necessary for their entities to become trauma informed (having a culture that supports a workforce aware of the values of trauma informed practices and a safe physical, social, and emotional environment) and/or to have a workforce trained in trauma informed practices for the populations(s) they serve and be capable of assessing individuals for exposure to trauma and toxic stress and responding to individual/targeted population.
Model: Trauma-Informed Care Efforts in Wisconsin – The Wisconsin Department of Health Services brought key stakeholders “together to collaborate on increasing trauma-informed care (TIC) across health, out-of-home care, corrections, education, and more in order to work towards creating TIC environments in service delivery.”

Responses for Target Populations

Colors represent placement on the public health pyramid

- **Clinical**: Interventions that are child and family specific
- **Targeted**: Approaches targeted at children and families in need
- **Universal**: Approaches targeted at entire population

Legend
- Green = Universal
- Peach = Targeted
- Blue = Clinical
Health Services and Resources Administration Federal Office of Rural Health Policy Community-Based Division All-Programs Meeting (HRSA FORHP CBD APM)

Tuesday, February 27th - Thursday, March 1st
Rockville, Maryland
Central Michigan Regional Rural Health Network

Connecting...Communicating...Collaborating

Bringing together stakeholders – health, educational, and social services systems representatives and community members – to work collectively to improve the health of 190,000+ community members in rural central Michigan.

“Provides the opportunity to discuss ways to partner on various programs and collaborate towards common goals.” – Network Member

APM Attendees: Steve Hall & Veronica Romanov

Rural Health Network Development Planning Program
HRSA FORHP CBD APM

HRSA CBD APM
Passphrase - cbd2018

Program Types

<table>
<thead>
<tr>
<th>Color Coded Program Key</th>
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<tbody>
<tr>
<td>• Delta States Rural Development Network Grant Program</td>
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<tr>
<td>• Rural Outreach Benefits Counseling Program</td>
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<tr>
<td>• Rural Health Care Coordination Network Partnership Program</td>
</tr>
<tr>
<td>• Rural Health Care Services Outreach Grant Program</td>
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<tr>
<td>• Rural Health Network Development Planning Program</td>
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<tr>
<td>• Rural Health Network Development Program</td>
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<tr>
<td>• Rural Network Allied Health Training Program</td>
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<tr>
<td>• Small Health Care Provider Quality Improvement Program</td>
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## Presentations

- Care Coordination Program Breakout Session
- CBD AMP Attendee List 2.26
- Community-Based Division Grantee Profiles
- Community-Based Division Updates Presentation
- Concurrent Breakout Session A
  - Community Strategies for Increasing Access to Health Care
- Concurrent Breakout Session A
  - Integration of Oral Health Services
- Concurrent Breakout Session A
  - Medicare Chronic Care Management Billing and Policy Updates
- Concurrent Breakout Session A
  - Improving Chronic Disease In Rural Communities
- Concurrent Breakout Session B
  - Innovative Community Approaches to Address Rural Behavioral Health
- Concurrent Breakout Session B
  - Networks: From Idea to Implementation
Pathways to Success: The Power of Leadership (02/28/18 CBD APM Afternoon Plenary) - Mary Kay Chess, PhD, Faculty, Department of Leadership & Management at Saybrook University & Director of Education, National Cooperative of Health Networks Association
Moving Forward...Central Michigan Regional Rural Health Network Strategic Planning
Organizational Assessment
A point in time assessment of the Network’s capacity to address adaptive challenges and execute high-leverage, short-term strategies
Due 04/20/18

Source Book
Relays to the public the accomplishments of the 2017 Network Planning grantees (may use Network Statement)
Due 05/18/18 (Targeting 05/11/18)

Strategic Plan with SWOT – Strengths, Weaknesses, Opportunities, and Threats
Documents the strategic choices we will have made to guide our work in the future
Due 06/01/18 (Targeting 05/11/18)
Ongoing through 03/14/18 – Governance Committee Members completing Network Organizational Ratings using tool provided

03/08/18 – Health Network Members/Participants to provide input regarding SWOTs

03/21/18 – Governance Committee meeting to review Network Organizational Ratings results and SWOT input and reach consensus for Organizational Assessment Report

04/04-05/18 – Planning Grant Technical Assistance Coach site visit to assist with Strategic Planning

04/05/18 - Governance Committee meeting to approve Organizational Assessment Report
Strategic Planning Elements and Actions
Eric Baumgartner, Technical Assistance Coach

- Network Statement
- Vision/Mission
- **Network Organizational Self-Assessment** (~S/W)
- Environmental Scan (~O/T)
  - Informed also by Community Assessment
- **Goals and Objectives**
  - For Sustainable Network and for Program Priorities
- Strategies
- **Communications Plan**
- Implementation
- Supported by Business and Sustainability Plans
Sustainable Network Model

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Moving Forward…
Programmatic Updates
Moving Forward...Programmatic Updates

- March is Parenting Awareness Month
- MI Bridges update
- 2018 NHSC Loan Repayment Program
- Healthy relationships wallet cards
- 2018 Public Health Summit
Harm Prevention - Dr. Jennifer Morse, Medical Director for Central Michigan District Health Department, District Health Department #10, and Mid-Michigan District Health Department
Member Sharing