Central Michigan Regional Rural Health Network Development Planning

September 7, 2017
Acknowledgement

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Today’s Agenda

1. Introductions

2. Update from Governance Committee Meeting – Steve Hall

3. HRSA Rural Health Network Planning Project Update – Veronica Romanov
   - 2017 HRSA Grantee Directory Listing
   - Project Objectives
   - Project Activities
   - Community Event Calendar

4. Care Coordination Models – Shannon Lijewski

5. Pathways to Better Health Care Hub - Lori Noyer, Ingham Health Plan Corporation CareHub Programs Manager

6. Member Sharing
1. Introductions
2. Update from Governance Committee Meeting
3. HRSA Rural Health Network Planning Project Update
Project Update: 2017 HRSA Grantee Directory Listing – Counties Covered
Project Update: 2017 HRSA Grantee Directory Listing - Project Focus Area

✓ Access to Care
  __Alleviating Loss of Local Services
  __Behavioral Health
✓ Care Coordination
  __Care Transitions
  __Care for the Aging
  __Emergency Medical Services
  __Health Education
  __Health Information Technology
  __Health Literacy

✓ Integration of Services
  __Mental Health
✓ Network Infrastructure Development
  __Oral Health
  __Pharmacy Services
  __School Based Clinics
  __Substance Abuse/Substance Use/Addiction
  __Telehealth
✓ Workforce Development
  __Other:
The aim of the Central Michigan Regional Rural Health Network Development Project is to strengthen the regional rural health care system as a whole so as to improve population health in the central Michigan region.

The Central Michigan Regional Rural Health Network (the Health Network) will bring together facilitating stakeholders, including health care providers, educational organizations, academic institutions, and health and human services organizations and collaboratives to collectively address health disparities and unmet health needs, including those related both to clinical and preventive care.
Collectively, the Network Members and additional participating organizations will strive to:

- Expand the utilization of community health workers to link individuals at risk with health and social services;
- Develop a plan to implement a sustainable, region-wide care coordination hub;
- Develop and promote evidence-based or promising practices and programs that address population health needs identified by community health needs assessments; and
- Address regional health professional workforce education, training, recruitment, and retention issues.
The Rural Health Network Development grant will enable the Health Network to strengthen its organizational structure via a variety of development activities. These include, but are not limited to:

- Conducting monthly Network Member and Governance Committee meetings to:
  - Track and evaluate project progress,
  - Provide quality assurance/quality improvement recommendations, and
  - Address challenges;

- Continuing to recruit additional Network Members and participating organizations;

- Developing Health Network bylaws - Administrative/Rules Subcommittee;

- Developing and implementing a sustainability plan - Finance/Sustainability Subcommittee;
Project Update: 2017 HRSA Grantee Directory Listing - Project Description

- Developing and implementing a communications plan (Outreach/Communications Subcommittee);
- Tracking state and national legislative activities related to the Health Network’s goals and leading advocacy efforts (Legislative Subcommittee);
- Updating and maintaining the Health Network website (www.together-we-can.org/cmrrhn) which includes a community event calendar, Network Member directory, meeting recordings and related documentation, and a resources library.
The Health Network will use the Rural Health Network Development grant to plan for program implementation by:

- Developing a plan to implement a region wide care coordination hub; and

- Identifying programs that could be implemented to address specific needs within the region and identifying funding mechanisms for those programs.
Project Update: 2017 HRSA Grantee Directory Listing - Network Partners

Central Michigan Regional Rural Health Network Member
Categories
AHEC
Behavioral Health
College/University
FQHC
Government
Hospital
Non-Profit
Oral Health
Public Health
Rural Health Center
Other

Categories Not Used
Business
Community Health Center
Critical Access Hospital
Emergency Medical System
Home Health
Hospice
Insurer
Law Enforcement (participating)
Pharmacy
Physicians’ Clinic
Philanthropy
School/School System
Skilled Nursing Facility
Social Services Agency
(participating)
Tribal Nation/Organization
<table>
<thead>
<tr>
<th>Organization</th>
<th>Organization Type</th>
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<tr>
<td>Mid Central Area Health Education Center (Mid-Central AHEC)</td>
<td>AHEC</td>
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<tr>
<td>Northern Lower Regional Area Health Education Center (Northern Lower AHEC)</td>
<td>AHEC</td>
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<tr>
<td>Community Mental Health for Central Michigan</td>
<td>Behavioral Health</td>
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<tr>
<td>Central Michigan University College of Medicine</td>
<td>College/University</td>
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<td>Central Michigan University The Herbert H. and Grace A. Dow College of Health Professions</td>
<td>College/University</td>
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<td>College/University</td>
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<td>Kirtland Community College</td>
<td>College/University</td>
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<td>Michigan State University College of Human Medicine</td>
<td>College/University</td>
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<td>Mid Michigan Community College Health Sciences Program</td>
<td>College/University</td>
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<td>FQHC</td>
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<td>MidMichigan Community Health Services</td>
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<td>MidMichigan Medical Center-Gladwin</td>
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<td>Munson Healthcare Grayling Hospital</td>
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<td>St. Mary’s of Michigan Standish Hospital</td>
<td>Hospital</td>
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<td>Spectrum Health Reed City Hospital</td>
<td>Hospital/rural health clinic</td>
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<td>211 Northeast Michigan</td>
<td>Non-Profit</td>
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<td>Organization</td>
<td>Organization Type</td>
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<td>Life Choices of Central Michigan</td>
<td>Non-Profit</td>
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<td>Michigan Health Improvement Alliance, Inc. (MiHIA)</td>
<td>Non-Profit</td>
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<tr>
<td>Ten16 Recovery Network</td>
<td>Non-Profit</td>
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<td>My Community Dental Centers</td>
<td>Oral Health</td>
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<td>Great Start Collaborative - Clare-Gladwin Regional Education School District</td>
<td>Other – Collaborative</td>
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<td>Great Start Collaborative – Gratiot-Isabella Regional Education School District</td>
<td>Other – Collaborative</td>
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<td>MidMichigan Medical Center - Mt. Pleasant</td>
<td>Other – Medical Center</td>
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<td>Roscommon County Transportation Authority</td>
<td>Other - Transportation Authority</td>
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<td>Michigan State University Extension</td>
<td>Other – University Extension</td>
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Project Update: Project Objectives

1. Expand the utilization of community health workers (CHWs)

2. Develop a plan to implement a sustainable, region-wide care coordination hub

3. Collaborate to develop and promote evidence-based or promising practices and programs that address population health needs identified by community health needs assessments
   1. Access to Quality Health Care
   2. Behavioral Health, including: 1. Mental Health; 2. Substance Use Disorders; and 3. Abuse and Neglect
   3. Nutrition
   4. Physical Activity and Access to Recreation
   5. Maternal and Infant Health
   6. Children’s Health
   7. Family Health
   8. Reproductive and Sexual Health
   9. Older Adult/Geriatric Health
   10. Access to Transportation
   11. Health Professional Workforce Education, Training, Recruitment, and Retention
Project Update: Project Objectives

4. Address regional health professional workforce education, training, recruitment, and retention issues

5. Continue health network operations and infrastructure development

6. Respond to HRSA’s reporting and other requirements
1. Expand the utilization of community health workers (CHWs)

- Developed and released Community Health Worker survey to be able to map out assets and identify gaps

- Resource: Michigan Community Health Worker Alliance (MiCHWA) - [www.michwa.org/](http://www.michwa.org/) - MiCHWA actively supports CHW education and training. A key piece of the CHW role is core competency training.

**Core Competencies**

- Role, Advocacy, and Outreach
- Organization and Resources: Community and Personal Strategies
- Teaching and Capacity Building
- Legal and Ethical Responsibilities
- Coordination, Documentation, and Reporting
- Communication Skills and Cultural Competence
- Healthy Lifestyles
- Mental Health
2. Develop a plan to implement a sustainable, region-wide care coordination hub

- Today’s presentations: Care Coordination Models – Shannon Lijewski and Pathways to Better Health Care Hub - Lori Noyer, Ingham Health Plan Corporation CareHub Programs Manager

Resources

- Protocol for Responding to and Assessing Patients' Assets, Risks, and Experiences (PRAPARE) - PRAPARE is a national effort to help health centers and other providers collect the data needed to better understand and act on their patients’ social determinants of health - www.nachc.org/research-and-data/prapare/

- Lessons Learned From a Community–Academic Initiative: The Development of a Core Competency–Based Training for Community–Academic Initiative Community Health Workers - www.ncbi.nlm.nih.gov/pmc/articles/PMC3519306/
Project Update: Project Activities

Resources Referenced in Grant Application


Project Update: Project Activities

3. Collaborate to develop and promote evidence-based or promising practices and programs that address population health needs identified by community health needs assessments

- Collaborate to co-locate!
- Gathered information from providers and FQHC’s regarding Community Health Needs Assessments. Assessments have been placed in the Resources Library.
- Events posted to the Community Events Calendar at [www.together-we-can.org/calendar](http://www.together-we-can.org/calendar).
3. Collaborate to develop and promote …

Access to Quality Health Care

From MPCA eUpdate - August 29, 2017

- **Michigan Rx Card Provides Free Benefits to Michigan Residents** - The [Michigan Rx Card](#) is a free card that provides savings of up to 75 percent at more than 68,000 pharmacies across the country. (To estimate the savings you’ll receive on a specific prescription, check out the [calculator here](#).) All Michigan residents are eligible.

- **New Initiative Will Coordinate OB/GYN and Dental Care at Six Michigan Health Centers** - The University of Detroit Mercy School of Dentistry (UDM) is planning to engage state partners to help mothers and babies get the dental care they need. They’ll be assisting in building coordinated, comprehensive, and community-supported oral health care by integrating a dental hygienist in the obstetrics/gynecology clinics of six Michigan health centers. Health centers can apply by [clicking here](#) and submitting an application by Wednesday, September 13, 2017. Six health centers will be selected!
Project Update: Project Activities

3. Collaborate to develop and promote …

Substance Use Disorders


- MSP Angel Program - [http://www.michigan.gov/msp/0,4643,7-123-72297_34040_77095-394452--,00.html](http://www.michigan.gov/msp/0,4643,7-123-72297_34040_77095-394452--,00.html) – The MSP Angel Program allows an individual struggling with drug addiction to walk into a MSP post during regular business hours and ask for assistance. If accepted into the MSP Angel Program, the individual will be guided through a professional substance abuse assessment and intake process to ensure proper treatment placement.

3. Collaborate to develop and promote …

**Nutrition, Physical Activity Children’s Health, Family Health**

- Health Network Member Program - MiHIA: Working for a Thriving Health Community! - MiHIA has partnered with Kurbo (mobile health coaching) for the 'Healthier & Happier Families: Preventing and Fighting Childhood Obesity' program. The program is free to kids and teens ages 5-19 in Bay, Clare, Gladwin, Isabella, Midland and Saginaw counties.

- The Every Child Needs Campaign - [http://voicesforhealthykids.org](http://voicesforhealthykids.org) - is shedding light on what communities and schools need to create healthy environments to help children succeed. Twenty organizations that are improving nutrition and increasing physical activity among children are working together to underscore that every child needs a healthy start, healthy schools, and healthy communities to build a foundation for a healthy future. Site contains resources and funding opportunities.
3. Collaborate to develop and promote … and address regional health professional workforce education...

Maternal and Infant Health, Children’s Health, Family Health, Reproductive and Sexual Health

- From HRSA - Hot Topics in Health Care for Youth webinars - all webinars are 12:30-1:30 p.m. EST. Participation is free as are Continuing Education Credits (if applications are accepted).

  ✓ September 19, 2017: Neonatal Abstinence Syndrome: What is it and how can it be prevented?
  ✓ September 22, 2017: Screening for Obesity Among Youth
  ✓ September 26, 2017: Environmental Health Hazards for Children: What providers need to know
  ✓ September 29, 2017: HPV Vaccination Strategies for Cancer Prevention
Project Update: Project Activities

4. Address regional health professional workforce education, training, recruitment, and retention issues

- Facilitating stakeholder recruitment - Added Michigan Works staff members Lisa S. Miller, Area Manager, Arenac/Clare/Gladwin Counties, and Juliette Nielsen, Career Transition Coordinator, Youth and Young Adult Program to the Health Network contact list.

- Sent information to the Health Network from the Michigan Center for Rural Health regarding the 2017 3RNet Academy: "Identify and Communicate Strengths, Invest in Challenges: A Workshop Approach" webinars. Topics will include: compensation, preventing provider burnout and isolation, recruiting for team based care, building local recruitment support and identifying and communicating strengths. Live webinars from October - December 2017. All webinars will be recorded and available to participants.
5. Continue Health Network Operations and Infrastructure Development: Governance Committee

Governance Committee

- Julie Bayardo - Community Mental Health for Central Michigan
- Trisha Charbonneau-Ivey - Michigan Health Improvement Alliance, Inc. (MiHIA)
- Allison Dunn – Central Michigan District Health Department
- Lisa Hadden - Mid Central Area Health Education Center
- Steve Hall – Central Michigan District Health Department
- Sarah Kile - 211 Northeast Michigan
- Shannon Lijewski – Community Member
- Maggie Magoon - Mid Michigan Community College
- Cheryl Melroy - Munson Healthcare
- Jim Moreno - Isabella County Board of Commissioners
- Amy Pratt - Clare-Gladwin RESD
- Jim Raschke - MidMichigan Community Health Services (MMCHS)
- Deb Schafer - Ten16 Recovery Network
- Julia Terhune - Michigan State University College of Human Medicine
- Julie Wright – MidMichigan Health
5. Continue Health Network Operations and Infrastructure Development: Board of Directors and Subcommittees

**Board of Directors**
- Chair, Treasurer: Steve Hall
- Vice Chair: Julie Wright
- Secretary: Allison Dunn

**Administrative/Rules Subcommittee**
- Chair: Julie Bayardo
- Julie Wright

**Outreach/Communications Subcommittee**
- Chair: Jim Moreno
- Allison Dunn
- Sarah Kile
- Julia Terhune

**Legislative Subcommittee**
- Chair: Vacant
- Steve Hall
- Jim Moreno

**Operations/Technical Subcommittee**
- Chair: Shannon Lijewski
- Julie Bayardo
- Julia Terhune
Find out about health and wellbeing events in central Michigan at the community calendar at www.together-we-can.org/calendar.

To request an event be added to the community calendar, send an email with the event info. and flyer to RHNCalendar@cmdhd.org.